

Believe Celebrate Live
THE EUCHARIST

Sending

When we come to the end of the Mass, we have listened to God's word and been strengthened by the bread of life and the cup of salvation.

In celebrating the Eucharist we have touched the divine life that God gives to the world. Now we are sent forth, not because our prayer is over, but because it is only beginning! At the end of every Mass, we receive a commission, as the disciples did long ago, to go forth and preach the gospel. We are the body of Christ, and so we are sent forth to be Christ's love, peace, hope, and joy in the world.

The Sunday Eucharist is said to be both the source and the summit of our Christian lives.

However, its authenticity will be measured not so much by what happens within these walls as by what we do when we leave here.

For we who have been welcomed by Christ and brought together into this community of faith must reach out to the lonely, the friendless, and the stranger.

We who have listened to God's word and sung God's praises must also listen to the cry of God's poor.

We who have broken bread and shared a cup together at this altar must find ways to help the millions in our world who suffer from hunger and no cup of clean water to drink.

We who have shared Christ's peace with one another must work for peace in our homes, our workplaces, and our world.

When Christ ascended into heaven, we were not left alone.

Through the power of the Holy Spirit, Jesus is with us always, until the end of the age.

Through the Spirit, Jesus is still God-among-us as one who serves.

In our service of others, we will see his face.